



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 19108, Candies, jellybeans

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	6.30	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1991
Energy	kcal	375	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Energy	kJ	1568	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Protein	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	02/2003
Total lipid (fat)	g	0.05	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Ash	g	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carbohydrate, by difference	g	93.55	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fiber, total dietary	g	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Sugars, total	g	70.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2006
Minerals													
Calcium, Ca	mg	3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Iron, Fe	mg	0.13	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg	mg	2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Phosphorus, P	mg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Potassium, K	mg	37	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Sodium, Na	mg	50	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	02/2003
Zinc, Zn	mg	0.05	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Copper, Cu	mg	0.028	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Manganese, Mn	mg	0.035	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Selenium, Se	µg	1.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Thiamin	mg	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Riboflavin	mg	0.011	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Niacin	mg	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Pantothenic acid	mg	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folate, total	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folate, food	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
16:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003